



Torbay Prostate Support Association

Serving men of all ages, and their partners, through a program of support before, during and after diagnosis

Newsletter Summer 2013 Issue No.34



GORDON HENRY THOMAS
24th November 1935 ~ 7th August 2013

I am sorry to advise you all that Gordon Henry Thomas passed away on 7th August after a long hard struggle with Prostate Cancer. During his working life he was a BT engineer and was a popular member of both communities in Kingswear & Brixham. He was with us at the beginning when our Association was formed in 1999 – his support has always been really appreciated. He was a very outgoing character who will long be remembered. Our thoughts are with Lindsay and his family.

Chairman's Report May 2013

It seems only a short while ago that we were preparing the last newsletter. I am pleased to be able to let you know that our meeting recently at the Redcliffe Hotel was again very enjoyable and informative. Mr Robert Mason fully explained how his new equipment, which we recently presented to him, is working and how beneficial it has become to his Department.

We had a good attendance and it was excellent to see so many of you there and so many interesting questions and happy faces. As yet we have made no



date for the next meeting but we will keep you all informed. The Quiet Room in Urology Department is now fully operational and working smoothly. Our next project is to help Dr Anna Lydon procure a new sophisticated piece of advanced IMRT (Intensity Modulated Radiotherapy Treatment) equipment costing minimum £25000.



We all wished David Wakefield – our former Newsletter Editor and Webmaster all the Very Best when he immigrated to Canada. He is now getting his feet under the table and becoming well settled. In his stead we now have Mark Smith who is already making his mark and has already shown us plenty of promise – this issue will be prepared and edited by him. He is also making firm inroads into our website where we will be seeing some changes with which we trust you will approve and enjoy exploring. Thank you Mark for taking on this position we have every confidence in you.

**WHAT DO YOU WANT IN YOUR TPSA NEWS LETTER
WE VALUE YOUR OPINION & NEED YOUR INPUT
Email Newsletter@tpsa.org.uk**

Very Best Wishes
Peter Hosking
Chairman



Sir Michael Parkinson 'I've got prostate cancer' he vows to fight the killer disease

It has been reported that Sir Michael Parkinson has revealed he has prostate cancer. At the age of 78-year-old it has been reported that Mr Parkinson is undergoing radiotherapy and has been quoted as saying he is very confident of returning to full health.

Mr Parkinson was diagnosed with the disease in May after a routine health check. It is reported that he has had to cancel a number of his social engagements. Like most suffers of cancer when you are told it is a massive shock. It is reported he is very concerned about it, of course, but is going to fight it.

It is reported that the cancer is contained in his prostate. He has urged men to pay greater attention to their health in order to catch potential diseases early and to get checked for prostate cancer.

Mr Parkinson has been reported to have said "I'm 78 and I have had a good life, and when something like this happens to you, you begin to understand the extraordinary work of those involved in treating cancer."



Fundraising Successes So Far this Month!

We would like to say a big thank you to all the staff at Waitrose Torquay for raising **£344**

TGI Bar (Formally The George Inn, Babbacombe)



We would like to say thank you to Rob & Niki and the staff at the TGI bar also Rocking Ken, Dave Clements, Eddie Bowman and Barry (Silver Fox) for raising **£323** pounds from a sponsored walk, Rock night and a cream cracker eating competition.

The TGI Bar team & customers have been absolutely amazing as they also arranged a tin collection during the run up to the event to help raise even more funds! Thank you so much to The TGI Bar team & customers !!!

Teignmouth Golf Club Tuesday Boys

We would like to say a big thank you to the Tuesday boys for raising **£605.00** and supporting us and we really appreciate everything they are doing to help us with our fundraising.



The photo was taken on our Scottish tour 2011.

From left to right:- Phil Watkins, Bill Carpenter, Chris Swain, Nick Dowsing, Ian Turner, Jim Northcott, Ray Evans, Martin Spearman, John Townley, Richard Hooper, Paul Cayless, Ian Turner, Peter Gourd, Roy Cragg, John Davies, Adrian Lesley.

Peter was invited to attend the Rotary Club of Torquay meeting last week. He was presented with a cheque for £2000 to assist the purchase of IMRT (Intensity-Modulated Radiation Therapy) piece of equipment costing in total £20,000 for the treatment of Prostate Cancer patients. The Association is to provide the difference with the help of its members and the community. It is revolutionary and so much improved and able to deliver precise doses of Radiation to tumours or very specific areas within the tumours with much greater precision and with fewer side effects and reduced toxicity. This will then give patients a much greater quality of life.



We would appreciate a volunteer to fill our Secretary's vacancy – please let me know if you would like to join us - it is not an onerous commitment by any means.



We would like to say a big thank you to all the staff at ASDA for raising **£100**

A Special Thank You to M.Brint! for raising **£121.00** by doing a charity run
Thank you so much M.Brint for your kindness and generosity.



Immediate Past President of Torquay Rotary Club Vivienne Daubenspeck



Del & Lary as you may already know operates a stall in the Brixham centre for your TPSA. He would like to collect as many Jig Saw Puzzles as possible for the stall if you have any tucked away bring them out and contact him on 01803 859828 – to arrange to pass them over.

Gift Aid declaration –for a single donation

Please treat the enclosed gift of £ _____ as a Gift Aid donation. I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for the current tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities and Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for the current tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I have given.

Donor's details

First name & Surname _____

Full Home address _____

Postcode _____

Date _____

Signature _____

Please notify the charity if you want to cancel this declaration Or Change your name or home address

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If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

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